



Unite to feed 5,000 families this holiday

Last year, with your help, we fed nearly 5,000 struggling families. This year, we hope to help even more. Please join with your family, friends or co-workers to support **The Thanksgiving Project**, the largest collective initiative of its kind in the Greater Boston area. Together, we'll celebrate the true spirit of the season by giving and volunteering to help our neighbors in need.

Three ways to help:

1 **Donate Money**

Just \$30 will feed a family of three or more. Combined purchasing also allows us to feed more families by taking advantage of quantity discounts. To give, please donate online by visiting chooseyourimpact.org/thanksgiving.

2 **Donate Food**

Run a food drive for a particular food item (see list).

3 **Volunteer**

Individuals, families and groups are needed to help pre-pack Thanksgiving care packages during the week before Thanksgiving and distribute them on the Saturday before Thanksgiving. Volunteer sites include Dorchester, Lynn, the South End, the South Shore and Merrimack Valley.

FOR MORE INFORMATION:

Email volunteer@supportunitedway.org

THANK YOU for joining the movement to help people today and build a brighter, stronger future for everyone in our community.

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Pick a Fixin'

We hope to create more standard packages for all families by collecting donations of a single item during food drives. For example, ask all your co-workers to bring in a can of cranberry sauce.

- \$10 Grocery Gift Card
- Stuffing
- Canned Green Beans
- Canned Corn
- Cranberry Sauce
- Gravy mix
- Pies
- Potatoes
- Onions
- Aluminum Roasting Trays

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